

ADULT IMMUNIZATION SCHEDULE

Immunizations For Adults And For Those With Chronic Illnesses

Vaccines	Timing of Immunizations			
Influenza (Flu)	Given yearly in the fall to people age 50 or older. Also recommended for people younger than 50 who have medical problems such as heart disease, lung disease, diabetes, and other conditions, and for others who work or live with high-risk individuals.*			
Pneumonia	Given at age 65 or older. A repeat dose 5 years later may be given to those at highest risk.* Also recommended for people younger than 65 who have chronic illnesses such as those listed for influenza, and also those with kidney disorders and sickle cell anemia.*			
Hepatitis A (Hep A) for those at risk*	Two doses are recommended for persons requiring long-term protection.			
	first dose		second dose 6 to 12 months later	
Hepatitis B (Hep B) for those at risk*	first dose	second dose 1 month later	third dose 5 months after second dose	
Measles, Mumps, Rubella (MMR)	One dose is recommended for adults born in 1957 or later if that person is not previously immunized. (Second dose may be required in some work or school settings.)			
Tetanus, Diphtheria (Td) If initial series not given during childhood	first dose	second dose 1 month later	third dose 6 months after second dose	booster shot every 10 years
Varicella (Chickenpox)	Two doses are recommended for persons 13 and older who have not had chickenpox.			
	first dose		second dose 1 to 2 months later	
Meningococcal	Recommended for college students living in dorms, certain immunocompromised individuals, travelers to certain countries, and certain research, industrial, and clinical laboratory personnel are at increased risk.*			

* Consult your doctor to determine your level of risk.

Adapted from the Advisory Council on Immunization Practices (ACIP)